

Dear Clerk of The Court:

Please see attached for filing under case TUNSTALL, MATTHEW NELSON

- a. Pro-Se Motion for Reduction of Sentence under 18 U.S.C. 3582
- b. Letter from defendant
- c. Individualized Needs Plan
- d. Certificate of Service
- e. Certificate of completion of courses

Respectfully,
MATTHEW NELSON TUNSTALL
BOP Inmate ID: 73685509
FCI MENDOTA
P.O. BOX 9
MENDOTA, CA 96340

RECEIVED

DEC 12 2023

CLERK, U.S. DISTRICT CLERK
WESTERN DISTRICT OF TEXAS
BY _____ DEPUTY

Dear Honorable Judge:

I am Matthew Nelson Tunstall, a convicted felon sentenced by this honorable court. Ever since I have been in custody for the past several months, it has given me a lot of time to think and reflect on what I did and how I can change my way of thinking and way of living.

My actions in this instant offense has affected the lives of those whom I love a lot, especially my family. More striking, is that I regrettably contributed to more crimes in this country that is ever so increasing, particularly I feel awful about the families that are truly effected through my actions.

I was selfish, I only thought about myself and providing for my family and now I have lost them and I'm here and they are crying to me over the phone telling me when I'm coming home, this only breaks my heart. As a result of my actions, my family too is paying for my bad decisions.

The only thing that I can tell my family is that I'm working on becoming a better person, that I am working on being a better father. I have also enrolled in parental classes, anger management and drug abuse programs. My commit to myself is that I will enroll in every class available, and take each one seriously so that I can fix my mistakes.

I plan on having a better future by fixing my thinking and taking the appropriate classes and trade classes. I believe my future is bright, and I appreciate that this court has given me a second chance at life once I have served my time. I plan on starting a skill based company upon release, so that I can give my family stability and the financial support that they deserve. I am committed to being a tax paying contributing member of society by living lawfully and humbly.

Since I have been in custody and I have been given time to think, I feel a lot of remorse. I am guilty of the crime that I committed and I will accept the consequences that have been imposed on me.

I pray for mercy, and I respectfully ask this court to grant my motion.

Very truly yours,

Matthew Nelson Tunstall
BOP Inmate ID: 73685509
FCI Mendota
P.O. Box 9
Mendota, CA 93640

**Individualized Needs Plan - Program Review (Inmate Copy)**

SEQUENCE: 02329166

Dept. of Justice / Federal Bureau of Prisons

Team Date: 11-22-2023

Plan is for inmate: TUNSTALL, MATTHEW NELSON 73685-509

Facility: MEN MENDOTA FCI
 Name: TUNSTALL, MATTHEW NELSON
 Register No.: 73685-509
 Age: 36
 Date of Birth: 02-02-1987

Proj. Rel. Date: 10-22-2031
 Proj. Rel. Mthd: FIRST STEP ACT RELEASE
 DNA Status: PREBOP TST / 06-13-2023

Detainers

Detaining Agency	Remarks
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NO DETAINER

Current Work Assignments

Fac	Assignment	Description	Start
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NO ASSIGNMENTS

Current Education Information

Fac	Assignment	Description	Start
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MEN ESL HAS ENGLISH PROFICIENT 06-05-2023

MEN GED HAS COMPLETED GED OR HS DIPLOMA 06-05-2023

Education Courses

SubFac	Action	Description	Start	Stop
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MEN SCP C BEGINNER ACCOUSTIC GUITAR 06-24-2023 09-30-2023

Discipline History (Last 6 months)

Hearing Date	Prohibited Acts
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** NO INCIDENT REPORTS FOUND IN LAST 6 MONTHS **

Current Care Assignments

Assignment	Description	Start
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CARE1-MH CARE1-MENTAL HEALTH 06-20-2023

SCRN1 CCM: HEALTHY/SIMPLE CARE 05-01-2023

Current Medical Duty Status Assignments

Assignment	Description	Start
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NOT MED CL NOT MEDICALLY CLEARED 05-01-2023

Current Drug Assignments

Assignment	Description	Start
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ED NONE DRUG EDUCATION NONE 06-12-2023

NR PART NRES DRUG COUNSEL PARTICIPANT 10-10-2023

FRP Payment Plan

Most Recent Payment Plan

FRP Assignment: PART FINANC RESP-PARTICIPATES Start: 07-06-2023

Inmate Decision: AGREED \$50.00 Frequency: MONTHLY

Payments past 6 months: \$0.00 Obligation Balance: \$200.00

Financial Obligations

No.	Type	Amount	Balance	Payable	Status
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1 ASSMT \$200.00 \$200.00 IMMEDIATE AGREED

** NO ADJUSTMENTS MADE IN LAST 6 MONTHS **

FRP Deposits

Trust Fund Deposits - Past 6 months: \$638.00 Payments commensurate ? Y

New Payment Plan: ** No data **

Current FSA Assignments

Assignment	Description	Start
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Individualized Needs Plan - Program Review (Inmate Copy)

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SEQUENCE: 02329166

Plan is for inmate: TUNSTALL, MATTHEW NELSON 73685-509

Team Date: 11-22-2023

Assignment	Description	Start
FTC ELIG	FTC-ELIGIBLE - REVIEWED	06-29-2023
N-ANGER N	NEED - ANGER/HOSTILITY NO	11-18-2023
N-ANTISO N	NEED - ANTISOCIAL PEERS NO	11-18-2023
N-COGNTV N	NEED - COGNITIONS NO	11-18-2023
N-DYSLEX N	NEED - DYSLEXIA NO	06-07-2023
N-EDUC N	NEED - EDUCATION NO	11-18-2023
N-FIN PV N	NEED - FINANCE/POVERTY NO	11-18-2023
N-FM/PAR Y	NEED - FAMILY/PARENTING YES	11-18-2023
N-M HLTH N	NEED - MENTAL HEALTH NO	11-18-2023
N-MEDICL N	NEED - MEDICAL NO	11-18-2023
N-RLF Y	NEED - REC/LEISURE/FITNESS YES	11-18-2023
N-SUB AB Y	NEED - SUBSTANCE ABUSE YES	11-18-2023
N-TRAUMA Y	NEED - TRAUMA YES	11-18-2023
N-WORK N	NEED - WORK NO	11-18-2023
R-LW	LOW RISK RECIDIVISM LEVEL	07-18-2023

Progress since last review

You have enrolled in (waitlisted), are participating in, or completed available and/or recommended classes since your last program review.

Next Program Review Goals

I recommend you enroll in the health and wellness through lifespan class or the brain health as you age class (if offered) by your next program review in May 2024.

Long Term Goals

I recommend you complete the health and wellness through lifespan class or the brain health as you age class by November 2024.

RRC/HC Placement

No.
Management decision - Will review 17-19 months to release.
Consideration has been given for Five Factor Review (Second Chance Act):
- Facility Resources : There is available Residential Re-Entry Centers (RRC) in his release area.
- Offense : The offense details were considered.
- Prisoner : The prisoner's criminal history and background were considered.
- Court Statement : The sentencing court did not make any statement on the judgment and commitment order regarding RRC placement.
- Sentencing Commission : There is no pertinent policy by the sentencing commission

Refer to the comment section of your program review for any further information.

Comments

** No notes entered **

Certificate of Completion

Parenting Phase II

A partnership with the U.S. Attorney's Office, Eastern District of California, Fresno Office and the Federal Bureau of Prisons, Federal Correctional Institution in Mendota, California.

November 1, 2023

In acknowledgement of your efforts at successful Parenting and Re-Entry in completion of 12 hours of "Partners in Parenting."

This certificate is presented to:

Matthew Turstall



E. Avila, Counselor, FCI Mendota

Jennifer White, Re-Entry & Prevention Outreach Coordinator



National Parenting Program Phase 1

Presented to

Mathew Nelson Turnball

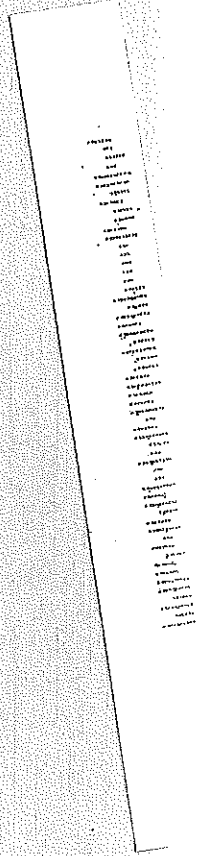
Federal Correctional Institution, Mendota, California

08/29/2023

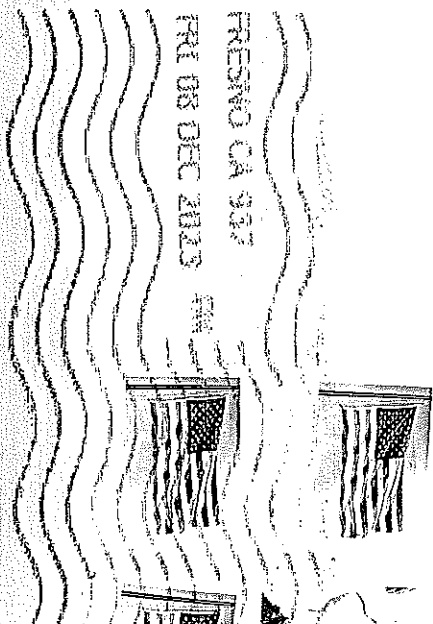
*This certifies that 4 Hours of Phase I of the National Parenting Program has been
successfully completed*

*Victor Marrero, Re-entry Affairs Coordinator
FCI Mendota*

MATTHEW TURNSTALL - 73695-509
FBI MENDOTA
PO Box 9
MENDOTA, CA 93640



CLERK OF THE COURT
U.S. COURTHOUSE
501 WEST 5TH ST.
AUSTIN, TX 78701



FRESNO CA 937
FRI 08 DEC 2023 PM

SCREENED BY CSO
DEC 12 2023